Human traffickers use violence, threats, lies, and debt bondage to force people to work or sell sex against their will. We have helped thousands of people find safety and services.

Contact the National Human Trafficking Resource Center at 1-888-373-7888.
• Do you have a debt to your employer or recruiter that you can’t pay off?
• Is your job or work different than you were promised?
• Are you being paid less than you were promised?
• Has anyone from the workplace threatened to hurt you, your family, or your coworkers if you complain or try to leave your job?
• Is there verbal or physical abuse at work?
• Is someone holding your passport or identification cards for you?
• Is someone keeping all or part of the money you earn?
• Is someone preventing you from leaving your job?
• Are you prevented from taking adequate breaks, food, and water during the work day?

If you need help, please call the National Human Trafficking Resource Center at 1-888-373-7888.